Living Cultures helps people to live in a new culture and provides internationally mobile individuals and families with the support, knowledge and skills they need to ensure a successful transition and adaptation to life in a new country.

For families with school age children it is most important how each child adjusts and studies in the new school environment, with new friends, in the new culture. *Living Cultures* and LERNBRÜCKE have developed a unique series of workshops called **Cultures Talks** to address issues relevant to the parent's and student's needs.

School Specific Culture Talk

This typically 3hour session for schools addresses themes that are of specific interest to international parents. Groups vary in size (6-40 participants).

Participants will learn and discuss some of the many interesting issues parents deal with while their children visit a school in an international setting. Each workshop is tailored to the participants needs. Parents will exchange experiences, obtain knowledge and increase their skills to help children be better, happier and healthier students.

These are the main themes that can be discussed:

♦ Changing Cultures, changing Schools
♦ ***Study! But cleverly!***
♦ Cultural Adjustment and Integration
♦ New in Switzerland
♦ Having and making Friends
♦ Expectations and Reality

Example of a "Culture Talk Morning" for Parents

9:00-9:30: welcome with a coffee or a typical Swiss breakfast, first opportunity to exchange and connect (babysitter if needed)
9:30-12:00: workshop focused on one theme

The workshop can be offered on evenings or Saturday mornings.
Price for schools: 600 Fr.
Parent's Associations: 490 Fr.

Facilitator:

Mónica Reppas-Schmid; combines her own international background with her Secondary Teacher's Degree (Zürich), a MA Degree in Intercultural Relations (Boston), her education in Communication and Psychology (Hamburg) and her certificate as a "Lerncoach" (2018) from the "Akademie für Lerncoaching, Zürich"